

e-Deliverance

A PEACEFUL DEATH IS EVERYBODY'S RIGHT

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PERU PREVAILS

WHY LIMA IS THE NEW TIJUANA FOR BUYING NEMBUTAL

For many years now, certain critics in the US have maintained that Nembutal is unavailable. Exit has long regarded this strategy of deliberate misinformation as unhelpful. Exit's new field data from Lima shows just how easy it is to get your end of life options in order.

In March, Exit staff members were very pleased to be able to travel to Peru as guests of a very generous Exit Member. Not only did their travels take them up into the altitudes of Cuzco but also allowed them valuable time at sea level exploring

Peru's capital, Lima. The result is that Lima has emerged as the new Tijuana. What is meant by that? We mean a city where Nembutal can be purchased extremely cheaply, over the counter.

In middle class Lima suburbs such as Miraflores, veterinarians abound. This is just like Tijuana. One wonders why a city needs so many veterinarians when the majority of the inhabitants would be living in poverty. This plethora of veterinarians and animal accessory stores is a feature of only a handful of Sth American destinations. What is important to note that when

one does see a disproportionate number of these outlets, the purchase of Nembutal over-the-counter will be readily available and very inexpensive.

In the May 2012 update to The Peaceful Pill eHandbook, Dr Philip Nitschke takes an in-depth look at Lima. Ostensibly it would be possible to fly into this city, purchase your Nembutal at a store close by the airport and leave the same day. Beware the legal risks. Not all countries allow the importation of Nembutal, even if it is for one's personal use. Three small 50ml bottles of Halatal in Lima will set you back around US\$21.

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The famous statue of the kissing couple in Lima's El Parque del Amor (Love Park) a short cab ride from the Veterinarian stores.

MAX DOG BREWING LAUNCHES: NITROGEN NOW SHIPPING

This month Max Dog Brewing say that they are finally ready to begin shipping their unique custom designed / manufactured portable Nitrogen cylinders for that perfect home brew experience. The compact, lightweight Max Dog Nitrogen cylinders and gas regulators are a boon for Exit Members in Australia as they have the alternate use of providing a fast, reliable, totally peaceful and 100% undetectable death.

Whereas Helium can be detected at autopsy, a hypoxic death using Nitrogen appears natural and there is no testing possible that can prove other than this. The other advantage over the use of disposable "Balloon Time" helium cylinders as a source of inert gas is the simple click setting gas regulators that are provided with the system. These regulators ensure that there is a constant optimal gas flow rate of 20 litres/min necessary for a peaceful death

Once the Exit Bag & Nitrogen cylinder are removed, the person who has died seems peacefully asleep. Testing at autopsy will not reveal the role that nitrogen played, and in the absense of any other external evidence (a suicide note, for example) an indeterminate finding from autopsy is inevitable. For those who want to avoid being known as 'old uncle James' who suicided, the availability of Max Dog Nitrogen is a very welcome development.



Max Dog Brewing Kit



Max Dog Brewing

From 1 June 2012, Max Dog Brewing Kits will be shipping. Sydney-siders will be able to collect their Kits direct from the supplier in Katoomba. Similar central collections points will be available in Brisbane, Melbourne, Adelaide and Perth. The reason for this is that commercial freighting of cylinders of highly compressed gas is tightly regulated and expensive. The cost of the cylinders, with the flow regulators and gas tubing is \$550.

Max Dog Brewing is now accepting pre-orders for June 2012 delivery. Payment is by AUD cheque only. In the initial instance, sale is restricted to within Australia only. Max Dog Brewing tell Exit they have plans for an international roll-out of the Kits in the coming 12-24 months, beginning in New Zealand and the UK. Timing of these future plans will depend upon government regulations that control the distribution of compressed gases. Regulations vary considerably from country to country. To pre-order your Kit now, please use the order form on page 8 of this newsletter. Upon confirmation you will be notified of the collection point and date for collection.

BOMB SCARE IN ADELAIDE

It would have been amusing had the stakes not been so high. Over the holiday period Exit Director Dr Philip Nitschke took delivery of a poster tube sent by a 'helpful' member of the public. The tube contained a brownish liquid solution in a plastic bottle, an instruction sheet and a silver foil lapel badge to 'ward off radiation'. This kit was the handiwork of a well-meaning retired wheat farmer from Western Australia who thought that his home science might be a useful breakthrough for those interested in DIY self-deliverance. What Jack (as we shall call him) was not aware of was the furore that ensued when Dr Nitschke took a photo of the parcel to his local police station to declare it as a possible radiation source.



Philip speaking with media outside his house



Bomb experts at work on the mystery object

With the authorities keen to be seen to be taking the matter seriously, the next thing Dr Nitschke knew he was visited by detectives, uniform SA Police, the Fire Brigade, the Ambulance and, finally, the bomb squad. A geigermeter was brought in to check for radiation, x-ray equipment followed and photos taken of the package. After several hours of road closures the package was eventually opened by the bomb squad experts (it did not explode) and the package sent off to forensics for further testing (the results of which are still pending). At no point, did Dr Nitschke think the package was sent with malicious intent. But it was worrying that a leaking parcel, with a note discussing the benefits of death by radiation, should be sent through the mail at all.

LONDON CHAPTER MEETING - SUNDAY 10 JUNE

All UK (& European) Exit Members are invited to the Exit Chapter meeting which will be held 1-3pm on Sunday 10 June 2012 at Dragon Hall.

The Meeting will be hosted by Exit's European Coordinator Tom Curran & Exit's RN, Ms Dee Keijzer.

Dr Philip Nitschke will join the meeting via webinar to discuss Exit's new quantitative drug testing process, plans for UK workshops early in 2013 and to answer Member questions on a range of topics. The meeting is free for members and afternoon tea will be served.

Dragon Hall is situated at: 17 Stukeley St, London WC2B 5LT. Inquiries please call: 02071-931-557.



EXIT QUANTITATIVE TESTING PROCESS DRAWS NEAR

In recent weeks, the Exit Laboratory has been busy developing a portable, user-friendly methodology for Exit Members to undertake quantitative testing of their acquired Nembusal.

The most common question asked by those sceptical of the Chinese Nembusal Option is 'how do you know it's the real stuff'. While to date Exit has been able to use gas chromatography to establish the purity of a range of random samples from a range of suppliers, those with the drug still want to know that their particular sample is the genuine product. After all, dying peacefully and reliably is not something that one can afford to make mistakes over.

As this newsletter goes to press, the testing process is almost complete. Exit expects the mobile service to launch in July in Melbourne with Sydney and Adelaide to follow. Exit Members in Brisbane and Perth will have their opportunity to use the testing equipment in the second half of the year. Members in Tasmania may wish



Exit's new ultra-sensitive scales weigh out 1.0103 gm of Nembusal powder for assay

to travel to Melbourne. Further details will be distributed to members via forthcoming chapter meetings.

A total of three debates were held. Opponents were pro-life medicos, Dr Catherine Lennon & Dr Gerald Fogarty. Al Stewart was the chair for all three events.

CHRISTIAN DEBATES

In recent weeks Dr Nitschke finally had the opportunity to accept a long-standing invitation to participate in the City Bible Forum discussion series in Sydney. It did mean travelling from Darwin to Sydney, and did disrupt the development of the laboratory testing program for Nembusal. However the three forums (two in the CBD, one in North Sydney) did reveal some interesting information regarding the way our Christian opponents think.

Unfortunately, the pro-life GP Dr Catherine Lennon spent much of her time pursuing personal attacks on Dr Nitschke, while all but ignoring the stated purpose of the forum - searching for some common understanding in the euthanasia debate. This proved embarrassing to the organisers who apologised to Dr Nitschke the following day. Given the effort required to participate, one is left wondering whether such exercises are worthwhile.

EXITORIAL

e-Deliverance

THE FUTURE OF THE VE DEBATE

For the first time in some years, I have been invited to speak at the forthcoming World Federation of Right to Die Societies conference in Zurich. The 'World Fed'(WF) as this loose group is known has a checkered history with few achievements to point to other than the two yearly gatherings where those involved in the Right to Die movement come together for social reasons and to reminisce about the past. This lack of achievement is perhaps testimony to the relative impotence inherent in any mission to bring about global legislative change on the right to die issue.

Since my first involvement with the World Federation, the relationship has been strained. Indeed, at the 1996 gathering in Melbourne that coincidentally occurred just after the world's first lethal, voluntary injection was provided to Bob Dent under the Territory's *Rights of the Terminally Ill Act*, I was not asked to speak or explain these events. Marshall Perron rightly collected awards from the Federation for developing the legislation, but failed in his acceptance speech to even mention my role in Dent's death. Apparently, it somehow 'just happened'! Now, 16 years later, over half of the current Board members have made public comments critical of myself and the approach Exit takes. Wedded to law reform the group has cast Exit adrift (just as years ago they cast Jack Kevorkian adrift) because of our impatience with the glacially slow process of law reform and our attention on lawful DIY solutions.

On 13 June, I will travel to Zurich (on frequent flyer points) to make two presentations. In the first of these I will outline the damage which a single-minded focus on law reform causes the development of technological strategies to assist end of life choices. In the second presentation, I will describe these emerging DIY innovations. For years I have listened to accusations that Exit's actions have disrupted legislative opportunities. My presentation will focus on the technological advances that risk making the need for legislative change irrelevant. As we move closer to the point where any rational elderly adult can peacefully end their lives, without any medical assistance, controlling end of life choices through the law will become impossible. Technological innovation needs a legitimate seat at the WF table, something which to date has been denied.

CHRISTIAN LOBBY VS MY REGISTRATION

At the recent City Bible Forum, I found my medical registration a subject of interest to pro-life GP Dr Catherine Lennon. Not one to stick to the forum's agenda, Dr Lennon was quick off the mark to extend the debate to the issue of infanticide, my support for Peter Singer, and then on to the subject of my medical registration.

Dr Lennon pointed to my alleged plan to prescribe Nembutal as a sleeping agent to four terminally ill patients under the TGA special access scheme. She began outlining the extreme dangers of prescribing this drug, and made it clear that in her mind, any attempt to make the drug available to dying patients would be an extreme violation of accepted standards of "good medical practice".

I left the debate with a clearer idea of who is driving the Australian Health Professionals Regulatory Authority's (AHPRA) inquiry into my medical practice. How this statutory body deals with the pressure being brought to bear by a handful of fanatics within the Christian lobby will be interesting to watch.

WHERE TO FOR AUSTRALIAN GREENS?

With Bob Brown stepping down from the leadership of the Australian Greens and from the Australian Parliament, Exit has lost a powerful friend and ally. The commitment of Bob to the VE issue from the early days of *ROTI* and the *Kevin Andrews Act* to his willingness to table Exit's Condolence Books in Parliament (these books were presented to him & other MPs on the 10th anniversary of the overturning of *ROTI* in 2007) to our shared debate at the IQ2 in Sydney two years ago, his absence will be felt.

This is especially the case since the new Greens Leader Christine Milne is no friend of the VE issue. Ms Milne was educated at St Mary's College Hobart, is a practising Catholic and has previously been employed by the Church as an advisor on environment issues. I am not anti-Church or anti-faith, but I am concerned with the increasing religiosity of our politicians and the way the Church is able to systematically infiltrate public policy in this country. We'll await with interest the new Green's leaders first parliamentary statement on this issue.

Philip Nitschke

MAY-JUNE CHAPTER MEETINGS

Auckland NZ

The Auckland Exit Chapter will be meeting on Tues 5 June at 10.30am at the Pt Chevalier Croquet Club.

Contact: Fern on 416-0004

Townsville FNQ

The Townsville Exit Chapter will be meeting on Wednesday 16 May at 1pm at the Aitkenvale Library. Contact: Marj on 07-4773-9295

Perth WA

The Perth Exit Chapter will be meeting on Monday 11 June at 1pm (sharp) at the Wembley Community Centre. Contact Carol on 0429-039-167

Wellington NZ

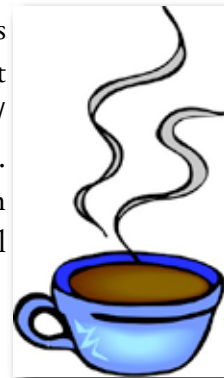
The Wellington Exit Chapter will be meeting on Sunday 13 May at 2pm at 50 Mulberry St Manugaraki. Contact: Suzy on 566-4893

Brisbane Qld

The Brisbane Exit Chapter will be meeting on Saturday 26 May. Contact: Angelika on 0431-275-840

COFFEE N CHATS

A key feature of many Exit Chapters are the Coffee n Chat groups that meet locally and which provide a social/support group for Exit Members. To find out what is happening in your suburb or town, give your local Chapter Coordinator a call.



SUNSHINE COAST COFFEE N CHATS

Exit Coffee n Chats are now being held on the last Tuesday of every month at a different member's home. So if you live between Noosa & Caloundra & west to Maleny call Linese to come along on: 5446-5116.

Gold Coast (Nth & Sth)

The Gold Coast Exit Chapter (Sth) will be meeting at 10am on Tuesday 15 May at the Coolangatta/ Tweed Golf Club & (Nth). Contact: Elaine on 5535-1151

The Gold Coast Exit Chapter (Nth) will be meeting at 10am on Wednesday 16 May at the Pacific Fair Meeting Rooms. Contact: Elaine on 5535-1151

WHAT ARE THE AUTHORITIES DOING?

Some Exit Chapter Coordinators are reporting that the Customs interception rate on Members' orders of Chinese Nembutal has risen dramatically. Indeed one recent report from the Gold Coast suggested that over half of all orders are being seized by Customs. However, further south, an abundance of the drug is coming into the country, albeit illegally. Another ongoing dilemma for some members is the visit they receive from their state police checking on their well-being. It seems that members who pay for their drugs through an online banking transfer are much more likely to receive a 'hi, how are you visit' from the authorities. If you have a story to tell, please call Exit.



PEACEFUL PILL FORUMS UPDATE THIS MONTH'S EXTRACTS

CHRISKAY

One for the doctors. If I'm signed up as an organ donor, would my organs still be usable after death by Nembutal?

YONG S KIM

Are you all sure this Sodium Pentobarbital from China will work? I read previously that someone took some and became disabled (can't eat can't move, all bruised etc.) and there were accounts of vomiting. I want to know whether these N from China will work if I take it? Does anyone know the definite answer?

FERNBILL

I have advanced cancer and experience nausea all the time even with tablets, does anyone know if this makes me more likely to vomit the Nembutal, or will the tablets stop it?

SOJOB0Y

Where I live I can buy Amitriptyline without prescription, however it's only available in 25mg tablets. So, I would need to dissolve 200 tablets ... that's the main disadvantage. It has the advantage of easy availability and avoidance of the hassle of buying N, also being much cheaper (around 80USD for the 200 tablets) Furthermore the Testing Forums with all that chemistry terminology kind of puts me off. So, I think I'll have A. as my primary plan.



VEGEMITE123

As outlined in the PPHB, obtaining Nembutal in Mexico or China and then using it in either country is perfectly legal and will avoid breaking any laws. I am really really tired after having a terminal illness for so long and don't really feel like trafficking Nembutal out of Mexico, so going to Mexico as the final destination might be a possibility. Has anyone considered doing this?

If one decided to take their life in Mexico with Nembutal what implications would this have for death certificates of foreign nationals in Mexico? Is it going to make it extra difficult for family members?

What about autopsies? Is there more or less chance of an autopsy being conducted in Mexico than in a developed country? How easy is it for a doctor to sign a death certificate in Mexico? It seems that in places like Australia the doctors have to follow strict protocol when it comes to signing death certificates and noting the cause of death etc. What about in Mexico?

MARINER

If I need a higher purity Nitrogen gas I may have found a company that can fill it with a high purity (99% +) nitrogen. I would appreciate someone giving me an idea of a good reason I can give them for wanting my 10 lb Aluminium tank filled with high purity Nitrogen. The Peaceful Pill Handbook suggests using a home brewing system as a reason, however, the mix for Guinness is apparently 70% Nitrogen / 30% Carbon Dioxide, as mentioned above. I apologize but it is important to my family that the transaction not raise many questions. Thanks for any advice you can give.

IF you have a question you would like an Exit Expert to answer, you can post it in Exit's Peaceful Pill Forums. Forums are exclusively for the use of PPeH subscribers and Exit Members. Forums are moderated daily. The forums offer a unique way to link Exit Members around the world.

The PP Forums can be found at: www.peacefulpill.com/forum

EXIT INTERNATIONAL STORE (US)

WWW.PEACEFULPILL.COM

Mail Order: Box 4250 Bellingham WA 98227 USA Fax 1-360-844-1501 Phone: 1-248-809-4435



Print Edition (January 2012) - **The Peaceful Pill Handbook** (ONLY available from Exit US)
Within US: US\$32 (includes shipping)
Rest of World: US\$45 (includes shipping)



Killing Me Softly (2nd Edition)
Within US: US\$30 (includes shipping)
VE & the **Road to the Peaceful Pill**
Rest of world : US\$40 (includes shipping)

EXIT INTERNATIONAL ONLINE STORE & MAX DOG BREWING



Exit Drug Test Kit
Price: Australia US\$65 (incl GST \$5) Rest of World: US\$80 (includes shipping)



Exit Gas Flow Controls & Pressure Gauge
Ships as one unit (inc plumbers tape + tube)
Price: Australia US\$151.70
(US\$143 + \$8.70 shipping) (inc gst)
Rest of World: US\$180
(US\$140 + \$40 DHL express courier shipping)



The Peaceful Pill eHandbook (online edition)
Price: US\$85 (incl 24 months of updates)
INSTANT ACCESS - UPDATED MONTHLY



Mademoiselle & the Doctor
(She didn't want to turn 80)
Price: AUD\$40 (incl GST \$3.50 for Aust)
(includes shipping globally)



Max Dog Brewing Nitrogen Kits
Call Exit to find out your nearest collection point
Pre-orders: Australia (ONLY) AUD\$550
(Cheques ONLY payable to 'Max Dog Brewing')
PO Box 829 Katoomba NSW 2780

Join Exit International

I wish to join/ rejoin/ donate to Exit International
(12 Months: Aust - AUD\$110 inc GST \$10; (couples \$165 inc GST \$15); US/Canada US\$100; UK/ Irel £62/ €73)
Life membership - \$1000

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