

e-Deliverance

A PEACEFUL DEATH IS EVERYBODY'S RIGHT

Dec-Feb 2012/13

An Exit International publication • www.exitinternational.net

EXIT LAB TEST DRIVE

EXIT'S MOBILE LABORATORY UNDERTAKES A TRIAL RUN

How do I know what this white powder from China really is? How do I know that it will 'do the job' if it ever gets to that? How do I know I haven't been scammed of my money?

The question of purity of Chinese white powder has become an important one for many Exit members the world over. With the popularity of mail-order powder and the continued availability of veterinary liquid Nembutal from countries in Central and South

America, it is little wonder that no one wants to take chances. To provide certainty, Exit has gone to considerable bother and expense in establishing a methodology which will give peace of mind.

As Exit's mobile laboratory took to the road for the first time in November, visiting Melbourne, Sydney and Canberra, so the organization is in the final stages of due diligence, sorting out the outstanding legal issues before the van commences formal operations. Cognizant of

remaining within legal boundaries in attempting to offer a testing service, these last tasks are of critical importance.

Already, the Van has the ability to test Helium and Nitrogen cylinders, as well as assist with the measurement of poisons such as carbon monoxide. Another recent addition has been a spirometre which allows members to test their lung capacity, thereby establishing the suitability of Nitrogen or Helium for them.

IN THIS ISSUE

- 1 Exit Lab Test Drive
- 2 IQ2 Debate @ Melbourne Town Hall
- 3 Dave & Jay Meet in Brisbane
- 4 Landmark Irish Court Case
- 4 Rational Suicide: What is it/Who does it?
- 5 Exitorial
- 6 Cato Unbound Debate
- 6 New Zealand Workshops 2012
- 7 Nitro Night @ The Wheatsheaf Hotel
- 7 LA Exit Chapter Holds First Meeting
- 8 Chapter News
- 9 San Diego Beer Week
- 9 Staff Changes @ Exit
- 9 Exit on Reddit.com
- 10 Join Exit & Peaceful Pill Store



Exit Members participating in a testing trial run in Melbourne in December 2012

IQ2 DEBATE @ MELBOURNE TOWN HALL: IN PHOTOS

The November 2012 IQ2 Debate at Melbourne Town Hall drew a capacity crowd of 1000 to see the affirmative team achieve a resounding win in their argument that 'Voluntary Euthanasia should be Legalized'. On the affirmative were Dr Philip Nitschke (Exit), Professor Loane Skene (University of Melbourne Law School) & Ms Beth Wilson (Victorian Health Services Commissioner). The losing negative team comprised Dr Shakira Hussein (Asia Institute, University of Melbourne), Mr Scott Stephens (Religion & Ethics reporter, ABC) & Professor Bill Sylvester (Respecting Patient Choices program, Austin Hospital). Dr Nitschke's contribution can be heard at: www.exitinternational.net/docs/IQ212.mov



The top of the queue, before doors opened



Dr Simon Longstaff of the St James Ethics Centre as Host & Chair



Philip Nitschke with the ABC's Scott Stephens (In 2010 Scott interviewed Philip for his show 'The Meaning of Life' which aired on Compass on ABC TV)



Debate Winners (l to r): Philip Nitschke, Loane Skene & Beth Wilson



Debate Losers (l to r): Shakira Hussein, Scott Stephens & Bill Sylvester

DAVE BEDFORD & JAY FRANKLIN MEET IN BRISBANE

In the last edition of *Deliverance*, Exit featured the extraordinary friendship that was developing between 30 year old, quadriplegic Dave Bedford from Queensland and 35 year old Jay Franklin from Melbourne (Jay has suffered from Hirschprung's Disease all his life). Both are Exit Members.

In the days before Christmas 2012, Jay and Dave finally had the opportunity to meet face to face in Brisbane. While Dave has decided he is not yet ready to travel to Dignitas, Jay has planned a date and with Dr Nitschke is addressing the paperwork that the organisation requires.

While Dave has been true to his word, offering to part-fund Jay and his mother Bertha's trip, Exit members are welcome to donate the short-fall. Bertha and Jay are both on a disability pension (Jay's illness has meant he has had limited ability to work & Bertha has always cared for him).

Jay Franklin can be contacted at:

Mail: 4 Sherwood St, Glenroy VIC 3046

Email: jayfranklin@optusnet.com.au

Phone: 0449-262-280



Dave & Jay



From left to right: Philip Nitschke, Bertha Franklin (Jay's mum), Dave Bedford & Jay Franklin

JANUARY 2013 - UPDATE PEACEFUL PILL EHANDBOOK

www.peacefulpill.com

The January 2013 update which is OUT NOW features:

- **Max Dog Brewing Nitrogen** - The January Update fills in the gaps on all things Nitrogen, benefits, shelf-life, storage, pressures & alternate uses
- **News & Updates on Chinese Nembutal** - The situation in China continues to change monthly; the January update brings you the latest
- **Tijuana Nembutal** - Tijuana has re-emerged as a sure destination for over-the-counter Nembutal although the price has gone up. While it's legal to purchase, it may not be legal to bring back to your home country so be careful.

The online Peaceful Pill eHandbook is available on a 24 month subscription for US\$85.

Subscription includes all updates as well as membership (on approval) of Exit's Peaceful Pill Forums.

The Peaceful Pill Forums offer real time Q&A with Exit's Experts who participate daily answering your questions.

Subscribe at: www.peacefulpillstore.com

Further information is available at:
www.peacefulpill.com

EXIT EUROPEAN COORDINATOR FAILS IN COURT CASE

On 10 January 2013 the Irish High Court handed down a unanimous decision against Marie Fleming. Marie who suffers for MS (multiple sclerosis) is the long-time partner of Exit's European Coordinator, Tom Curran. Marie and Tom took their case to court arguing that the law discriminates against Marie because she is not able to suicide as she is not able bodied.

The couple wanted a ruling that would allow Tom to assist her should Marie ever wish that to be the case. Marie's lawyers also argued that the current anomaly of suicide being lawful yet assisting a suicide being unlawful breached the European Convention on Human Rights in that the status quo violates Marie's rights to dignity, privacy and autonomy. The case will now go to the Irish Supreme court.

The 2010 Bob Dent Award was given jointly to Tom and Marie for their contribution to Voluntary Euthanasia in Ireland. Exit Members can send their wishes to Tom and Marie by emailing Tom at: tom@exitinternational.net



Marie & Tom leaving the High Court in Dublin after their hearing in early December 2012

RATIONAL SUICIDE: WHAT IS IT & WHO DOES IT?



*Susan in her modelling heyday in Sydney in the 1940s
The 'Sunday' program can be viewed at: <http://yhoo.it/WfyoSh>*

Exit Member, Susan Potts, 89, was not sick when she took her own life at her home on Queensland's Sunshine Coast in October. Susan drank Mexican Nembutal. An independent woman all her life, she was adamant to exit on her own terms. The older sister of acclaimed writer and pastoralist, Sara Henderson (of Bullo Station and the best-selling book *From Strength to Strength*), Susan was a successful former model and businesswoman who was thrice married. She always drove a Rolls Royce and owned Great Dane dogs. In her interview on Channel 7 TV 'Sunday' program she said: *'If you are over 80 you should have lived long enough and be wise enough to know what to do, surely?'*

Postscript - Exit was recently contacted by the Victorian Coroner's office asking our advice on suitable terminology to describe 'Exit deaths' that have come before it. Should they be called 'Rational Suicides', 'Elected Early Deaths' etc? It is significant that the Coroner has started this conversation. We invite Exit members to put forward their suggestions at: www.exitinternational.net/forum

EXITORIAL

e-Deliverance

CLEM JONES MISSING MILLIONS?

As this edition of *Deliverance* goes to press, the question of the Clem Jones Millions is a little closer to being resolved. When I questioned what had happened to the Clem Jones bequest, never did I expect to receive a letter from solicitors representing Mr Neil Francis and his fellow Your Last Rights board members, threatening to take me to court for defamation. Holding Redlich (solicitors) informed me that I would be wise to apologize to Mr Francis for any offence caused rather than see the matter taken further.

Having rejected this legal bullying, I have since learned that Mr Francis has resigned from his position at DWDV. According to Dr Rodney Syme, Mr Francis' defamation action 'did not have the endorsement of the DWDV Committee'. Crikey.com.au ran an expose of the action in their newsletter on 17 September (see: <http://bit.ly/Z0HiVw>).

On 11 December 2012, Mr Francis resigned from his remaining positions as Chairman and CEO of Your Last Right. With further funding from the Clem Jones estate now uncertain, the future of Your Last Right group is in doubt. The resignation of Neil Francis brings an end to what can only be called a low-point in the history of the Australian Voluntary Euthanasia movement.

MAX DOG BREWING

Max Dog Brewing continues to outsell its supply of Nitrogen cylinders and regulators to Exit members and home craft brewers alike. While Nitrogen has long been used in the serving of Guinness and other stouts, its use with beers such as India Pale Ales is much more recent. My visit to San Diego Beer Week in November confirmed the rising popularity of 'Nitro' in beer dispensation. That some bars in the US have several taps permanently on Nitro points the way of the future.

I welcome all in the Exit community to join me at Adelaide's Wheatsheaf Hotel (39 George St Thebarton) at 6pm on Wednesday 20 March for a Max Dog Brewing-sponsored night of fine bubbles and cheer as 'The Wheaty goes Nitro'.

Oh and for Exit Members ordering their home Nitrogen, as long as you don't mind a 3-4 month lag time between ordering and delivery, there is plenty of Nitrogen to be shared around.

Something which cannot be said of Helium as the world faces a global shortage. It would seem peak Helium has been well and passed. The January update to *The Peaceful Pill eHandbook* sees a substantial section on Max Dog and the benefits of Nitrogen over Helium included. On any objective measure, the indefinite shelf life of Max Dog nitrogen and the undetectability of a Nitrogen death are game-changing factors to consider.

AHPRA INQUIRY CONTINUES ...

The days before Christmas marked the one year anniversary of the Australian Medical Board's first inquiry into my fitness to hold medical registration in this country. Members will recall the Special Access Scheme of the Therapeutic Goods Administration which, for a short moment, looked like it offered hope to terminally ill people in Australia. The Board's inquiry on this question is still pending. As is their second investigation into my activities under the Max Dog Brewing auspices.

EXIT FILM MAKING UNIT

When Susan Potts notified Exit that she wanted to share her story of why she was about 'commit rational suicide' at age 89 years, most media did not want to know about it. Their lawyers were all worried that such an interview would be construed as inciting her to suicide. While I think that is not the case, it was only because of the willingness of Exit Chapter Coordinators Angelika Minner and Elaine Arch-Rowe who were prepared and able to travel to Susan's Sunshine Coast home and film her that Channel 7's flagship 'Sunday' program went ahead. I want to acknowledge and thank Angelika and Elaine for their work. We are lucky to have such talented coordinators in our midst.

A DISLOCATED SHOULDER

With shoulder surgery now behind me, I have recovered to the point of having the use of both hands. The last five months has been a stressful time and my work has slowed as a result of the injury. While I am unlikely to ever make a full recovery (chin ups are now a thing of the past), I do look forward to being able to work again.

Philip Nitschke



CATO INSTITUTE WELCOMES EXIT

Cato Unbound describes itself as a 'state-of-the-art virtual trading floor in the intellectual marketplace, specializing in the exchange of big ideas. Each month, *Cato Unbound* presents an essay on a big-picture topic by one of the world's leading thinkers. The ideas in that essay are then tested by the comments & criticism of equally eminent thinkers, each of whom responds to the month's lead essay & then to one another. The idea is to create a hub for wide-ranging, open-ended conversation, where ideas are advanced, challenged, & refined in public view'.

In December 2012, Emeritus Professor Howard Ball (University of Vermont & author of *At Liberty to Die: The Battle for Death with Dignity in America*; NYU Press, 2012) was invited to contribute the lead essay. Dr Philip Nitschke (Exit) & Dr Patrick Lee (Jamie D. McAlee Chair in Bioethics at Franciscan University of Steubenville) were invited to contribute the response essays.

But the Cato Institute says the discussion 'only begins at *Cato Unbound*. It ends, if it ends at all, with you. *Cato Unbound* readers are encouraged to take up our themes, & enter into the conversation on their own websites, blogs, & even in good old-fashioned bound publications. Trackbacks will be enabled. Cato Unbound will scour the web for the best commentary on our monthly topic, &, with permission, may publish it alongside our invited contributors. We also welcome your letters. (Send them to JKuznicki@cato.org)'.

All three essays & author biographies can be found at:
<http://www.cato-unbound.org/>

FEBRUARY WORKSHOPS

GOLD COAST*

2 - 5.30pm, Friday 15 February
Robina Community Centre
196 Robina Town Centre Dve, Robina

AUCKLAND

1.30 - 4.30pm, Monday 18 February
Ferndale House
830 New North Rd, Mt Albert



WELLINGTON

2.30 - 5.30pm, Wednesday 20 February
Wellington Central Library
65 Victoria St, Wellington

* This meeting replaces the scheduled February Exit Chapter Meetings at Gold Coast Nth & Sth.

Workshop Rates

Workshop only - NZ \$65/ A\$88 (inc \$8 gst)
Annual Exit membership - NZ \$100/ A\$110 (inc \$10 gst)
PPeH Subscriber discount rate - NZ \$55/ A\$55 (inc \$5gst)

REGISTRATION - Download Registration Form

Mail NZ: Suzy Austen, PO Box 31-360 Lower Hutt 5010

Mail Aust: PO Box 37781 Darwin NT 0821

Phone NZ: Suzy - 04-566-4893/ Fern - 09-416-0004

Phone Aust: No Phone Registrations please

Email: contact@exitinternational.net



Exit's final workshop for 2012 was held in Sydney. The meeting attracted a 150 strong crowd. The workshop was covered by ABC TV's '7.30 Report' which can be viewed at: <http://bit.ly/Wqi6Wm>

NITRO NIGHT AT THE WHEATSHEAF HOTEL (THE WHEATY) JOIN MAX DOG BREWING IN RAISING A GLASS OF BUBBLES

This would have to be the most versatile of gases? Use Nitrogen for a peaceful, reliable death. Or, use Nitrogen to rediscover the joys of fine ale. To the latter end, Max Dog Brewing will be co-hosting Australia's first 'Nitro Night' at The Wheatsheaf Hotel in the inner Adelaide suburb of Thebarton.

Come and compare: 'Nitro Stout Vs Handpump Stout Vs Mixed Gas Stout'. The bubbles will be fine. The taste will be subtle. The enjoyment is guaranteed. So, come and join Dr Philip Nitschke and the Adelaide Exit Chapter for this special night.



*Where: The Wheatsheaf Hotel
39 George St, Thebarton*

When: 6pm, Wed 20 March 2013

Cost: Free entry, drinks at bar prices

Web: www.wheatsheafhotel.com.au



EXIT'S LOS ANGELES CHAPTER BECOMES REALITY

Exit's many Californian members now have their own Chapter, led by retired physician Dr Bill Le Boeuf. Technically, the Southern Californian chapter of Exit, the group met for a first time in late November at El Segundo.

In attendance was Dr Philip Nitschke who was invited by Bill to address the group. The group is currently establishing a working committee and a meeting schedule. If you are interested in joining in and live in the southern Californian area, you can contact Bill at bill_leboeuf@yahoo.com or phone: 714-960-9831.



Dr Bill Le Boeuf addressing the inaugural meeting of the Exit Los Angeles chapter. Philip Nitschke is waiting (left) to address the meeting at the Hilton Garden Inn in El Segundo in November 2012.

CHAPTER NEWS

HERVEY BAY - WELCOME RICK DORLAND

Born in Canada, I came to Australia when I was 22, and 45 years later am still here. Retired from the outer world of business and finance, I now enjoy an inner world of peaceful contemplation. A good wife, a pleasant garden, an active mind and a strong interest in Exit and the euthanasia movement, all contribute to a fulfilling, enjoyable existence.

The Hervey Bay/Maryborough Chapter meetings are held at the Hervey Bay Community Centre (22 Charles St, Pialba). Meetings start at 1:30 pm. Our meetings will be held: 5 March, 4 June, 3 Sept, 3 Dec.

Contact Rick, 07-4123-5448 or email: herveybaychapter@exitinternational.net



Rick Dorland

NEWCASTLE - WELCOME JOHN MACKENZIE

John Mackenzie is 68 years old & has spent the past 43 years as a train driver & a train controller. The youngest of 10 children, John has been now married for 47 years & has 4 grandchildren, with two more on the way. He has been an active surf life saver for 52 years & still competes at state & Australian competition level. He is also a keen pistol target shooter.

The Newcastle chapter meets every other month. John can be contacted on: 0419-465-182 or email: johnmackenzie5@hotmail.com

CENTRAL COAST - WELCOME JENIFER GREEN

Hi Exit members! I spent my working life as a nurse (hated it), teacher (loved it), school principal (found it challenging), family service consultant at crematorium and funeral director (interesting to say the least) and ended my working years managing an institution for the intellectually disabled (great fun) and finally teaching literacy and numeracy to people aged 15-62.

In retirement I'm involved with my writing group, book club, bridge club, walking for exercise and of course spending time with my children, grandchildren and friends old and new. I'm extremely interested in politics and current affairs and of course the Euthanasia debate. It has been a privilege to follow Bettina as chapter coordinator on the Central Coast.

I have found our members to be a wonderful group. Special thanks to my Central Coast chapter committee members, Jessie and John (IT, research and media), Kris (resident nurse and treasurer), Ruth and Elywn (welcoming and setting up) and Dorothy and Janet (catering and venue management).

I greatly appreciate the support I have received from fellow coordinators Angelika, Elaine and Bron not to mention the idea sharing with new Newcastle coordinator John. To Philip and Fiona I say thank you for all you do on our behalf as you further the Exit cause and hold our banner high!

Jennifer can be contacted on: 410-511-851 or email: jeniferbeachhouse@bigpond.com



Jenifer Green

JOIN THE DEBATE AT REDDIT.COM



Starting this month, Dr Philip Nitschke will be posting regular questions at AskReddit to encourage debate & an exchange of ideas on some of the more controversial aspects of the VE/ Assisted Suicide debates.

Reddit is free & you can join in by registering at www.reddit.com. Search for 'Nitschke'

STAFF CHANGES AT EXIT WELCOME BACK AMANDA MCCLURE

With Exit Nurse/ Receptionist Dee Keijzer's resignation from Exit in late November, the organization is excited to welcome back our much-loved nurse of more than a decade, Amanda McClure after her year off.

Exit Members will remember Amanda well, especially those in the West. Amanda can be contacted for clinic visits on: 0413-402-460.

EXIT INTERNATIONAL USA RECEPTION WELCOME NICOLE CONNOR

A second staff change sees Bellingham-based Nicole Connor join Exit to manage the Nth American Exit phone and email enquiries. Nicole can be contacted on the new US reception number: 360-347-1810.

AUSSIE OF THE YEAR PHILIP NITSCHKE OVERLOOKED AGAIN

In what is becoming an annual feature, *Deliverance* can report that Philip has been overlooked for Australian of the Year for an eighth time. Philip would like to thank those members who saw fit to nominate him.

SAN DIEGO BEER WEEK 2012 "For a quart of ale is a dish for a king" Winters Tale

So the legend of beer goes. And so proved San Diego Beer Week 2012, as Dr Philip Nitschke took a short break and used the time well to delve further into Nitro-served ales.

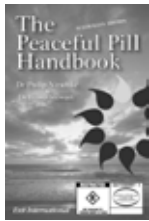
A long-time connoisseur of the India Pale Ale style of beer, and for many years a home brewer, Philip said he was extremely pleased to be able to blend business and pleasure so productively on his recent US trip. Other highlights of Beer Week included: a tour of the Green Flash brewery, voting rights in the West Coast Challenge and, of course, Nitro 5 Ways at the Sessions Public where all ales were served using Nitrogen.



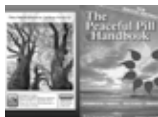
Dr Philip Nitschke deep in R&D at San Diego Beer Week in November where Ballast Point offered five of their finest solely on Nitro.

PEACEFULPILLSTORE.COM

Phone: 1-248-809-4435



The Peaceful Pill Handbook (2012 print ed)
Within US: US\$33 (includes shipping)
Rest of World : US\$48 (includes shipping)



The Peaceful Pill eHandbook (online edition)
Price: US\$85 (incl 24 months of updates)
INSTANT ACCESS - Updated 6x year



I Bequeath the Python
(a fun look at funeral planning)
Price: US\$10 (exc shipping)



Killing Me Softly: VE & the Road to the Peaceful Pill by Dr Philip Nitschke
Within US: US\$33 (includes shipping)
Rest of World : US\$48 (includes shipping)

PEACEFULLPILL.COM WEBSITE*



Exit Gas Flow Controls + Plumbers Tape + Plastic Tube- ship as one unit

Price: Australia USS\$151.70
(US\$143 + \$8.70 shipping (inc gst)
Rest of World: US\$180
(US\$140 & \$40 DHL express courier)



Exit Drug Test Kit

Price: Australia US\$65 (incl gst \$5)
Rest of World: US\$80 (incl shipping)

* Note the two products above sell by Hushmail & not via the new Exit US store.

Join Exit International

I wish to join/ rejoin/ donate to Exit International
(12 Months: Aust - AUD\$110 inc GST \$10; (couples \$165 inc GST \$15); US/Canada US\$100; UK/ Irel £62/ €73)
Life membership - \$1000

Please send me the paperwork to consider Exit International in my Will

First Name _____
Last Name _____
Address _____
Post/Zipcode _____ Country _____
eMail @ _____
Phone _____

I am paying \$ _____ for _____
Payment Options: Visa /Mastercard _____
Credit Card No _____
Name on Card _____
Signature _____
Expiry Date _____ / _____



Exit International, PO Box 37781 Darwin, Northern Territory 0821 Australia

contact@exitinternational.net

1300 10 3948 (EXIT) Ph outside Aust: +61 (0)2 8005 1197

Fax: +61(0)2 8905 9249

www.exitinternational.net

www.peacefulpill.com